



TEZPUR UNIVERSITY YOGA MAHOTSAV 2023

Countdown programme fest on the occasion of 9th International Day of Yoga 2023

Events :

1. **Yoga Mahotsav and Yoga camp Inaugural programme.**
May 10 2023, 6 pm: Community Hall.
2. **Yoga Camp for Tezpur University community members.**
10 May to 19 May 2023 ; Venue: Community hall ; Time 06:00 to 07:00 a.m everyday
(except 10 May)
3. **Yoga Competition for Tezpur University Students.**
May 20, 2023 ; Venue: Community hall ; Time 10:00 a.m
4. **Outreach programme by TU Students in collaboration with NSS: 1st week of June 2023.**
5. **Seminar on Yoga.**
June 10 to 11 2023; Venue: Council Hall.
6. **10 days Children Yoga Camp.**
11-20 June , 2023; Venue: Yoga Centre.
7. **Yogathon., Tezpur University campus.**
Time : June 16, 2023, 5 pm onward.
8. **Yoga exhibition.**
21 June, 2023, at 10 am, Community hall.
9. **Celebration of 9th International Day of Yoga 2023, Venue Community Hall,**
Time 10 am onward.

Certificates of participation will be issued. No fees will be taken for imparting training.

All are requested to participate.

Contact mail for any query: yoga@tezu.ernet.in contact: 03712-273282.

Registration onsite or by google form link are given below:

1. Yoga Camp for Tezpur University community member's link: <https://forms.gle/DZw2XqEQve7bB8yV7>
2. Children Yoga camp, link: <https://forms.gle/vC6yL8aKNPY41FX76>
3. Yoga competition registration link: <https://forms.gle/Qe1vkujuv366iWmJfA>

Organized by: Tezpur University in collaboration with National Service Scheme (NSS)