

Daily Schedule

Morning:

Practice session for all- 6.15 am- 7 am
7.15 am- 8 am

Yoga clinic: 8.15 am- 9.30 am

Evening:

Yoga clinic: 4.30 pm- 5.30 pm
Credit course 6.00 pm- 7.00 pm
Practice session for all- 7.15 pm- 8.00 pm

Monthly registrations in the beginning of each month