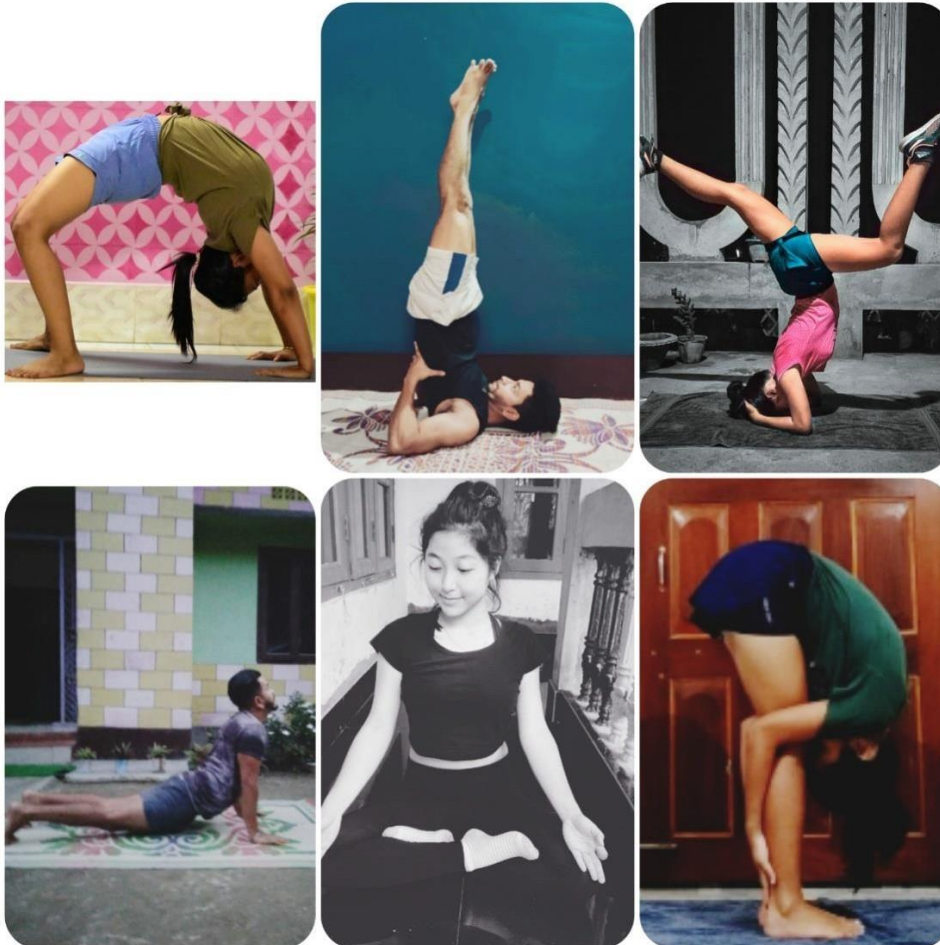


Tezpur University observed 7th International Day of Yoga on 21 June, 2021 by organizing activities such as video blogging contest on the topic “My Life My Yoga” (Jeevan Yoga) from 12 to 20 June 2020. Due to COVID-19 outbreak, the focus was on people performing Yoga at their respective homes with participation of the entire family. Prof.V.K Jain, Hon’ble Vice Chancellor through his video address appealed all to observe the day by practicing Yoga at home with family members. The University uploaded Common Yoga Protocol video and Yoga Day pledge in the YouTube channel of the University as well in the website for the benefit of university members. Social Media Platforms of the University updated/tweeted Ministry of Ayush. PM’s schedule was also shared with the TU employees. The entire University community observed the day practicing at home.





Result of the Video Blogging Contest

Total No of participation 30 nos. in 3 categories.

TU Students Category (Boys & Girls)

Position	Name	Department	Roll no./class
1 st	Mr. Shanku Ghosh	Civil engineering	CIB17067
2 nd	Mr. Dhruvajyoti Das	Mechanical Engineering	MEB16054
3 rd	Mr. Priyom Palit	Mechanical Engineering	MEB17021
3 rd	Miss Shabnam Richa Sonowal	English	EGI15019
3 rd	Mr. Rakesh Vishwakarma	Computer Engineering	CSB16041

TU Campus kids category (8 to 15 yrs. For both girls and boys)

Position	Name	age
1 st	Nancy Rajkumari	12
2 nd	Meeraya Manik	09
3 rd	Punsang Pegu	09

TU Faculty and Staff category:

Judges choice award: Mrs. Mandakini Baruah (from the dept. of Cultural Study)
