### तेजपुर विश्वविद्यालय /TEZPUR UNIVERSITY



(संसद के अधिनियम द्वारा स्थापित केंद्रीय विश्वविद्यालय) (A Central University established by an Act of Parliament) संकाय अध्यक्ष, छात्र कल्याण का कार्यालय

#### OFFICE OF THE DEAN, STUDENT'S WELFARE

नपाम:: तेजपुर :: असम / Napaam ::Tezpur -784028::Assam

## Notification 30-08-2021

This is notified to all the users of Gymnasium that Gymnasium will be made functional w.e.f . 31/08/2021 under the guideline of Unlock 3.0 issue by the Ministry of Health & Family welfare Government of India. As per guidelines of Unlock 3.0 of covid-19 Stadium can be open for practice purpose under the given stander operation procedure (SOP) given below.

- 1. Age below 17 years is not allowed to play for precaution purpose.
- 2. Before entering the Gymnasium, body temperature check and hand sanitizer is compulsory.
- 3. During exercise changing of apparatus need hand sanitization.
- 4. Only 10 members are permissible to practice in one session.
- 5. During exercise wearing of visor/Mask is compulsory.
- 6. Sharing water bottle and equipment without sanitized are prohibited and must be sanitized pre and post every use.
- 7. Outside shoes are not allowed inside the Gymnasium.
- 8. If any member is caught, cold and fever or any type of symptom related to covid-19 he/she is not allowed in the hall.
- 9. Maintain social distance while entry and exit for at distance of 6 feet apart.
- 10. During the practice session two individual can't perform exercise in one apparatus.
- 11. All the members should bring their own towel and water bottles.
- 12. Hand sanitize is compulsory for all the members before entering the Gymnasium and after every session.
- 13. Premedical checkup is compulsory for all the members from the University Health Centre.
- 14. Regular checking of pulse oximeter will be done at any point of time for checking of oxygen level. If it finds below 95%, then he/she will not be allowed to continue in the hall.
- 15. All the member should submit an undertaking before joining for Gymnasium.
- 16. Monthly fee needs to pay as applicable before playing.

# Faculty, non-teaching staff, students presently staying in TU hostel and TU family member can apply for joining of Gymnasium with above SOP.

### Revised Time Schedule for Usage of Gymnasium from Sept. to Nov. 2021

Timing for Faculty/staff/TU family members/students	
Morning Session	Evening Session
6.00 AM – 7.00 AM (Female)	4.00 PM – 5.00 PM (Male)
7.00 AM – 8.00 AM (Male)	5.00 PM – 6.00 PM (Male)
	6.00 PM – 7.00 PM (Female)
	7.00 PM – 8.00 PM (Male)
Sunday and holiday will remain close for all the groups.	

### Issued with due approval.

Sd/-

(R.R Singh)

ADPE

- Copy to- 1. Dean, Students' Welfare, TU for information
  - 2. Associate Dean (Sports), TU for information
  - 4. Webmaster, with a request to upload Students' Activity Centre's page
  - 5. Concerned fie.