



तेजपुर विश्वविद्यालय /TEZPUR UNIVERSITY

(संसद के अधिनियम द्वारा स्थापित केंद्रीय विश्वविद्यालय)

(A Central University established by an Act of Parliament)

संकाय अध्यक्ष, छात्र कल्याण का कार्यालय

OFFICE OF THE DEAN, STUDENT'S WELFARE

नपाम:: तेजपुर :: असम / Napaam ::Tezpur -784028::Assam

Notification

29-10-2020

This is notified to all the users of Gymnasium that Gymnasium will be made functional w.e.f . 02/11/2020 under the guideline of Unlock 3.0 issue by the Ministry of Health & Family welfare Government of India. As per guidelines of Unlock 3.0 of covid-19 Stadium can be open for practice purpose under the given stander operation procedure (SOP) given below.

1. Age below 17 years is not allowed to play for precaution purpose.
2. Before entering the Gymnasium, body temperature check and hand sanitizer is compulsory.
3. During exercise changing of apparatus need hand sanitization.
4. Only 10 members are permissible to practice in one session.
5. During exercise wearing of visor is compulsory as wearing of mask is difficult during exercise.
6. Sharing water bottle and equipment without sanitized are prohibited and must be sanitized pre and post every use.
7. Outside shoes are not allowed inside the Gymnasium.
8. If any member is caught, cold and fever or any type of symptom related to covid-19 he/she is not allowed in the hall.
9. Maintain social distance while entry and exit for at distance of 6 feet apart.
10. During the practice session two individual can't perform exercise in one apparatus.
11. All the members should bring their own towel and water bottles.
12. Hand sanitize is compulsory for all the members before entering the Gymnasium and after every session.
13. Premedical checkup is compulsory for all the members from the University Health Centre.
14. Regular checking of pulse oximeter will be done at any point of time for checking of oxygen level. If it finds below 95%, then he/she will not be allowed to continue in the hall.
15. All the member should submit an undertaking before joining for Gymnasium.
16. Monthly fee needs to pay as applicable before playing.

Faculty, non-teaching staff, students presently staying in TU hostel and TU family member can apply for joining of Gymnasium with above SOP.

Revised Time Schedule for Usage of Gymnasium from Oct. to Dec. 2020

Timing for Faculty/staff/TU family members/students	
Morning Session	Evening Session
6.00 AM – 7.00 AM (Female)	4.00 PM – 5.00 PM (Male)
7.00 AM – 8.00 AM (Male)	5.00 PM – 6.00 PM (Male)
	6.00 PM – 7.00 PM (Female)
	7.00 PM – 8.00 PM (Male)
Sunday and holiday will remain close for all the groups.	

Issued with due approval.

Sd/-

(R.R Singh)

ADPE

- Copy to-
1. Dean, Students' Welfare, TU for information
 2. Associate Dean (Sports) , TU for information
 4. Webmaster, with a request to upload Students' Activity Centre's page
 5. Concerned fie.