



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission
मानव संसाधन विकास मंत्रालय, भारत सरकार
Ministry of Human Resource Development (Govt. of India)
बहादुरशाह जफर मार्ग, नई दिल्ली - 110 002
Bahadurshah Zafar Marg, New Delhi-110002
Phone : 011-23406308, 011-23406309

SPEED POST



ज्ञान-विज्ञान विमुक्तये

F.No.71-25/2019(CU)

August, 2019

The Registrar
All Central Universities (as per copy enclosed)

23 AUG 2019

Sub: Launch the Fit India Movement - reg.

Sir,

I am directed to enclose herewith a copy of the e-mail letter of Shri Bhagwan Sawroop, ASO, Ministry of Human Resource Development, Department of Higher Education alongwith a letter of Shri Girish C. Hosur Joint Secretary (CU) Ministry of HRD, letter No. 14-44/2019-CU. CDN dated 21st August, 2019 on the subject mentioned above, with a request to take necessary action and furnish the compliance report to Ministry of HRD under intimation to UGC

Yours faithfully,

Encl: As above.

(Kulvinder Kaur)
Under Secretary

Copy to: Shri Bhagwan Sawroop, ASO, Ministry of Human Resource Development, Department of Higher Education, Shastri Bhawan, New Delhi - 110 002, with reference to your e-mail letter dated 21/08/2019, for information.

(S. Savithri Menon)
Section Officer

oll

22/8/19



S.No. 1 (F.R)



V Talreja <talreja.ugc@gmail.com>

Launch the Fit India Movement

Urmil Kumari Biltoria <cusection.edu@gov.in>

Wed, Aug 21, 2019 at 1:37 PM

Reply-To: cusection.edu@gov.in

To: secy.ugc@nic.in, talreja.ugc@gmail.com, jitendratripathi.ugc@gov.in

Sir,


Please find attachment regarding Launch the Fit India Movement for further necessary action

with regard

Bhagwan Sawroop,ASO

MHRD

011-23385897

 Fit India UGC.pdf
343K



सूचना का
अधिकार

Most Immediate

भारत सरकार
मानव संसाधन विकास मंत्रालय
उच्चतर शिक्षा विभाग
शास्त्री भवन
नई दिल्ली - 110 115

GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF HIGHER EDUCATION
SHASTRI BHAVAN
NEW DELHI-110 115

Girish C. Hosur,
Joint Secretary (CU),
Tele No. - 011-23073687
email: hosur.edu@gov.in

Dated: 21st August, 2019.

No. 14-44/2019-CU. CDN

Dear Sir/ Madam,

In order to impart the much needed impetus to physical fitness and health, the Hon'ble Prime Minister of India would launch the Fit India Movement on 29th August, 2019 from Indira Gandhi Indoor Stadium, New Delhi.

2. The Higher Educational Institutions embody the nation's demographic dividend in the form of more than 3 crore students who are the backbone of the country's development. It is essential that a culture of physical fitness is created within every Higher Educational Institutions for students, teaching & non-teaching faculty etc. so that our campuses vibrate with health & positivity alongwith learning. In this context, all students and staff of the Central Universities may carry out the following in respect of the Fit India Campaign:

- (i) Assemble a congregation of students and staff on 29th August, 2019 to view the live telecast on Doordarshan of the Launch of Fit India Movement by Hon'ble Prime Minister and take the Fitness Pledge, which would be administered by the Prime Minister. Every person should attempt to walk 10,000 steps on 29th August and follow it up in his/her daily routine.
- (ii) Short video clips of the activities in campus on 29th August 2019 may be made.
- (iii) Prepare and implement an Institutional Fitness Plan, incorporating sport/exercise/physical activities for fitness into the daily routine for everybody to adopt and practice.

3. By way of institutional compliance, the Vice Chancellors of all the Central Universities may prepare and publicise their fitness action plan on their Websites and Notice Boards within a month, and take concrete steps to spread the necessity and culture of physical fitness in the campuses.

4. This may be given top priority and a compliance report may be sent to this Ministry at the earliest.

With regards,

Yours sincerely,

(G.C. Hosur)

To

The Vice Chancellors of all the Central Universities

Copy for information to : Chairman, University Grants Commission, New Delhi.

