



25 Glorious Years



International Day of Yoga (21 June 2018) **Celebration in Tezpur University**

A week-long programme with the following activities synchronizing International Day of Yoga has been planned by Tezpur University. All are requested to participate with enthusiasm.

Activities

Online Essay Competition for TU students.

To be submitted latest by **16th of June, 2018**; Mail - yoga@tezu.ernet.in

Topic: Making Healthy India through Yoga

Word limit: 2000 words

Only original writing will be considered. No copied contents can be submitted. Anti-plagiarism check will be done.

Yoga Camp for the following groups will be conducted:

- 8-16 years; 15-20 June; Venue: Yoga Centre; Time: 10.30 am to 12.30 pm
- Above 16 Years; 15 – 20 June; Venue: Yoga Centre; Time: 6 pm to 7.30 pm

**register by mail - yoga@tezu.ernet.in or drop in at
Yoga Centre (5-6.30 pm) or sms at 9435380862**

Selected participants will be chosen to take part in the main programme on 21 June. Certificates of participation will be issued. No fees will be taken for imparting training.

**Yogathon for all
Quiz Competition and Collage Making Competition**
for participants of Yoga camp.

Observing International Day of Yoga- 21st June,
9.30 - 11.30 am, Community Hall. Training on Yoga Protocol.

