



**Prof. Jagdish Mukhi**

**MESSAGE**

It gives me immense pleasure that Tezpur University showing its respect to our own unique culture and tradition, is celebrating the International Day of Yoga today. This celebration is even more appreciable considering the extra ordinary health situation that our country is going through.

However, in the back drop of this pandemic situation, I sincerely believe that Yoga will definitely prove to be an antidote and boost our immunity to fight against Corona Virus.

On this occasion, we all must express our gratitude to our beloved Prime Minister Shri Narendra Modi Ji. It is because of his patronage and providence; the world has recognised our culture. Declaration of International Day of Yoga on 21<sup>st</sup> June by the United Nations is a glaring testimony to that.

Tezpur University an acclaimed name in the academic landscape of the country with its lush green milieu presents a perfect podium to practice Yoga. My appeal to the university fraternity on this occasion is- don't make Yoga simply an annual event. Practice it on a daily basis to attain healthy body, mind and soul. Stay healthy, stay blessed.

Jai Hind!

**Dated: June 21, 2021**

**(Prof. Jagdish Mukhi)**