SW571 - Social Work and Mental Health

L	T	P	Cr
2	0	0	2

Course Objectives:

- Understand the nature, scope and significance quantitative research data in social work practice.
- Develop competence in conceptualizing, designing and implementing research using quantitative paradigms and techniques.
- Understand the nature and application of quantitative research paradigms in a practice profession like social work.

Learning Outcomes:
- Able to understand basic statistical procedure
- Able to analyzed and interpret quantitative research data
- Able to do graphical presentation of quantitative research data
- Able to use various statistical software for analyzing of research data

COURSE CONTENT

Unit I: Concept of Diseases, Health and Well-Being

- **Concept of Normal, Understanding Normal and Abnormal behaviour**

- **Mental Health and Public Mental Health, Mental Illness**
- Classification of Mental and Behavioural Disorders – DSM / ICD systems
- Major and Minor mental illness –Aetiology, characteristics features etc.

Unit II: Mental Healthcare Services and Programmes

- Mental Healthcare in India- Policies and Legislations (The Mental Healthcare Act, 2017)
- Community mental health: Primary mental health care, community initiatives, and deinstitutionalisation of psychiatric services
- National and District mental health programme

Unit III: Mental health and Scope of Social Work Intervention

- History of social work practice in mental health: Evolving roles of social worker in mental health services ;
- Clinical and Non- Clinical social work practice Use of Social Work Methods in Prevention, Promotion , management and Rehabilitation of persons with mental Illness.
- Pandemic and Mental health
- Mental health extension, intersectoral collaboration and NGO

- Innovative approaches to mental health care

Textbooks

Callicutt, J. W.,& Lecca, P.J. (eds.) (1983) Social Work and Mental Health. New York: The Free Press.

Gottlieb, B.H. (1983) Social Support Strategies: Guidelines for Mental Health Practice. New Delhi: Sage Publications.

Horwitz, A.V., (1999 A Handbook for the Study of Mental Health: Social Contexts, Theories,and Systems. Cambridge: CambridgeUniversity Press.

Additional Readings

Arboleda-Flórez, J., & Sartorius, N. (2008). Understanding the Stigma of Mental Illness: Theory and Interventions: Wiley.

Barker, P., & Chang, J. (2013). Basic Family Therapy: Wiley.

Barry, M.M., & Jenkins, R. (2007). Implementing Mental Health Promotion: Churchill Livingstone.

Beder, J. (2013). Hospital Social Work: The Interface of Medicine and Caring: Taylor & Francis.

Bowen, S., Chawla, N., & Marlatt, G.A. (2011). Mindfulness-based Relapse Prevention for Addictive Behaviors: A Clinician's Guide: Guilford Press.

Carr, A. (2012). Family Therapy: Concepts, Process and Practice: Wiley.

Cesar M. Garces Carranza, D., & Carranza, D.C.S.M.G.S. (2013). Social Work in the Hospital Setting: Interventions: AuthorHouse.

Collins, R.L., Wong, E.C., Cerully, J.L., Schultz, D.J., Eberhart, N.K., & Corporation, Rand. (2012). Interventions to Reduce Mental Health Stigma and Discrimination: A Literature Review to Guide Evaluation of California's Mental Health Prevention and Early Intervention Initiative.

Compton, M.T. (2009). Clinical Manual of Prevention in Mental Health: American Psychiatric Publishing.

Cunningham, I., & James, P. (2012). Voluntary Organizations and Public Service Delivery: Taylor & Francis.

Carson R.C., Butcher, J.N. & Mineka, S. (2000). Abnormal Psychology and Modern Life. Singapore: Pearson Education.

Dhanda, A. (2000). Legal Order and Mental Disorder. New Delhi: Sage Publications.

Gamble, C., & Brennan, G. (2006). Working with Serious Mental Illness: A Manual for Clinical Practice: Elsevier/Butterworth-Heinemann.

Germain, C.B. (1993). Social Work Practice in Health Care: An Ecological Perspective. New York: The Free Press.

Hiramani, A.B. (1996). Health Education: An Indian Perspective. New Delhi: B.R. Publishing Corporation.

Mane, P., & Gandevia, K.Y. (eds.). (1993). Mental Health In India: Issues and Concerns. Bombay: Tata Institute of Social Sciences.

Macklem, G.L. (2013). Preventive Mental Health at School: Evidence-Based Services for Students: Springer.

McLeod, E., & Bywaters, P. (2000). Social Work, Health and Equality. London: Routledge.

Norton, C.L. (2010). Innovative Interventions in Child and Adolescent Mental Health: Taylor & Francis.

Park, K. (2005). Textbook of Prevention and Social Medicine (18th edition). Jabalpur: Banarsidas Bhanot.

Phillips, D.R.& Verhasselt, Y.(1994). Health and Development. London: Routledge.

Ritter, L.A., & Lampkin, S.M. (2011). Community Mental Health: Jones & Bartlett Learning.

Rosenberg, J., & Rosenberg, S. (2013). Community Mental Health: Challenges for the 21st Century, Second Edition: Taylor & Francis.

Salter, M., & Turner, T.H. (2008). Community Mental Health Care: A Practical Guide to Outdoor Psychiatry: Churchill Livingstone/Elsevier.

Sartorius, N., Schulze, H., & Association, Global Programme of the World Psychiatric. (2005). Reducing the Stigma of Mental Illness: A Report from a Global Association: Cambridge University Press.

Sheppard, M. (1991). Mental Health Work in the Community: Theory and Practice in Social Work and Community Psychiatric Nursing: Falmer Press.

Sahni, A. (1999). Mental Health Care in India: Diagnosis, Treatment and Rehabilitation. Bangalore: Indian Society of Health Administrators.

Sutherland, J.D. (ed). (2003). Towards Community Mental Health. London: Routledge.

Voluntary Health Association of India. (1995). Reproductive Health and Reproductive Rights. New Delhi: VHAI.

World Health Organization . (1978). Primary Health Care: A Joint Report by Director General of WHO and Director of UNICEF. International Conference on Primary Health Care. Alma Ata: USSR.

Walker, S. (2011). The Social Worker's Guide to Child and Adolescent Mental Health: Jessica Kingsley Publishers.

Yesudian, C.A.K (ed.). (1991). Primary Health Care. Mumbai: Tata Institute of Social Sciences.

Supplementary Readings

Applegate, J. S., & Shapiro, J. R. (2005). Neurobiology for clinical social work: Theory and practice. New York: Norton

Baru, R.V. (1998). Private Health Care in India: Social Characteristics and Trends. New Delhi: Sage Publications.

Burman, P. & Khan, M.E. (1993). Paying for India's Health Care. New Delhi: Sage Publications.

Benjamin J Sadock Virginia A Sadock Pedro Ruiz 'Kaplan and Sadock's Comprehensive Textbook of Psychiatry (English) 9th Revised edition' Publisher: Lippincott Williams And Wilkins

Benjamin James Sadock 'Kaplan and Sadock's Concise Textbook of Child and Adolescent Psychiatry'1st Edition' Publisher: Lippincott Williams And Wilkins

Benjamin James Sadock , M. D Pedro Ruiz , M. D Virgina Alcott Sadock 'Kaplan and Sadock's Synopsis of Psychiatry (English) 11th Edition' Publisher: LWW

Dasgupta, M. & Lincoln, C.C. (1996). Health, Poverty and Development in India. New Delhi: Oxford University Press.

Katja, J. (ed.). (1996). Health Policy and Systems Development. Geneva: WHO.

Mguire, L. (2002). Clinical Social Work: Beyond Generalist Practice with Individuals, Groups and Families. CA: Brooks/Cole.

Mina K. Dulcan 'Dulcan's Textbook of Child and Adolescent Psychiatry' Publisher: American Psychiatric Publishing, Inc

Murthy, R.S.(1992). "Mental Health", In A. Mukhpadhyay, (Ed.) State of India's Health (pp. 401-4). New Delhi: VHAI.

Nadkarni, V.V. (1985). Proceedings of the Seminar on Changing Trends in Healthcare and Implications for Social Work. Bombay: Tata Institute of Social Sciences.

Nirmala (Eds)' Handbook of Psychiatric Rehabilitation Services' NIMHANS Publication

Oak, T.M. (ed.). (1991). Sociology of Health in India. Jaipur: Rawat Publications.

Rao, M. (ed.). (1991). Sociology of Health in India. Jaipur: Rawat Publications.

The Mental Health Care Act 2017.

Voluntary Health Association of India. (1997). Report of the Independent Commission on Health in India. New Delhi: VHAI.

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World Health Organization. (2002). The ICD-10/11 Classification of Mental and Behavioural Disorders. Geneva.

World Health Organization. (2001). The World Health Report 2001- Mental Health: New Understanding, New Hope. New Delhi: Bookwell.