

SW 452 - Human Behavior and Social Environment

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2	0	0	2

Course Objectives:

- Understand the nature and development of human behaviour in socio-cultural context
- Develop a critical understanding of human behaviour and personality
- Learn analysis of these concepts for social work practice

Learning Outcomes

- Will be to deal with human psychological problems at primary level
- Will develop more critical and sensitive understanding about human behaviour at individual, group as well as community level.
- Will develop better conceptual clarity of social work theories and build the foundation for social work intervention

COURSE CONTENT

Unit I: Human Growth and Behaviour

- Introduction to psychology and its relevance in social work practice
- Determinants of human behaviour: heredity, environment, and social institutions
- Life span perspective of human growth and development: developmental tasks , social, emotional and cognitive development

Unit II: Basic Psychological Processes

- Personality: perspectives, types and theories
- Learning, Motivation , Intelligence
- Attitude: formation, change and measurement

Unit III: Social Psychology

- Prejudice, stereotypes, Stigma ,discrimination and ethnocentrism
- Collective Behavior: crowd, riot and rebellion.
- Rumor, Propaganda and Public Opinion

Text Books

Hurlock, E.A. (1994). Developmental Psychology, Lifespan Approach. New Delhi: Tata McGraw Hill.

Le bon G. (1999). The Crowd: A Study of Popular Mind. New York: Macmillan.

Manstead A.S.R. Strobe W. (ed.) (1997). The Blackwell Reader in Social Psychology. Oxford: Blackwell.

Morgan, C.T., King, R.A., Welsz, J.R. & Schopler, J. (2003) . Introduction to Psychology (7th Edition). New Delhi: Tata McGraw Hill Publication Company Limited.

Additional Readings:

Baron, R.A. & Byrne, D. (1998). Social Psychology (8th Edition). New Delhi: Prentice Hall.

Berger, C.R. & Chaffee, S.H. (1978). Handbook of Communication Science. New Delhi: Sage.

Berk, L.E. (1996). Child Development. New Delhi: Prentice Hall of India.

Beck, R.C. (2003). Motivation: Theories And Principles, 4/e: Pearson Education.

Burke, P.J. (2006). Contemporary Social Psychological Theories: Stanford Social Sciences.

Carson R.C., Butcher, J.N. & Mineka, S. (2000). Abnormal Psychology and Modern Life. Singapore: Pearson Education.

Carr, A. (2003). Abnormal Psychology: Taylor & Francis

Corcoran, J. (2006). Cognitive-behavioral Methods for Social Workers: A Workbook: Pearson/Allyn and Bacon.

Groth-Marnat, G. (2009). Handbook of Psychological Assessment: Wiley.

Hall, C.S., Lindsay, G. & Campbell, J.B. (1998). Theories of Personality. New York: John Willey & Sons, Inc.

Hayes, N. (1994). Foundations of Psychology: An Introductory Text. London: Routledge.

Kalat, J.W. (2013). Introduction to Psychology: Cengage Learning.

Kruglanski, A.W., & Higgins, E.T. (2007). Social Psychology: Handbook of Basic Principles: Guilford Press.

Lindzey, G. & Aronson, E. (1969). The Handbook of Social Psychology (2nd ed) Vol. II to V. Massachusetts: Addison, Wesley Publishing Co.

Ronen, T., & Arthur Freeman, E.D.A. (2007). Cognitive Behavior Therapy in Clinical Social Work Practice, Second Edition: Springer Publishing Company.

Shaffer, D.R., & Kipp, K. (2013). Developmental Psychology: Childhood and Adolescence: Cengage Learning.

Watts, J., Cockcroft, K., & Duncan, N. (2009). Developmental Psychology: UCT Press.

Westbrook, D., Kennerley, H., & Kirk, J. (2011). An Introduction to Cognitive Behaviour Therapy: Skills and Applications: SAGE Publications.

Wills, F., & Sanders, D. (2012). Cognitive Behaviour Therapy: Foundations for Practice: SAGE Publications.

Yufit, R.I., & Lester, D. (2004). Assessment, Treatment, and Prevention of Suicidal Behavior: Wiley.

Beckett, C. (2002). Human Growth and Development. New Delhi: Sage Publication.

Bless, H., Fiedler, K. & Strack, F. (2004). Social Cognition: How Individuals Construct Social Reality. New York: Psychology Press.

Harris, M. Butterworth, G. (2002). Developmental Psychology: A student's Handbook. Sussex: Psychology Press Ltd.

Hogan, R., Johnson, J. & Briggs S. (1997). Handbook of Personality Psychology. San Diego: Academic Press.

Kretch, D. Cruthfield, R.S. & Ballachey E.L. (1962). Individual in Society. New York: McGraw Hill.

Melkote, S.R., & Steeves, H.L. (2001). Communication for Development in the Third World: Theory and Practice for Empowerment. New Delhi: Sage Publications.

Michael, B. Hunsaker, F.G. & Dawson E.J. (1994). Human Communication (3rd ed). New Delhi: Sage.

Myers, D. (2005). Exploring Psychology. New York: Worth Publication

Pervin, L.A. John, O.P. (ed.). (1999). Handbook of Personality: Theory and Research New York: The Guilford Press

Spores, J.M. (2012). Clinician's Guide to Psychological Assessment and Testing: With Forms and Templates for Effective Practice: Springer Publishing Company.