

**Press Release  
Tezpur University  
June 22, 2017**

**3<sup>rd</sup> International Day of Yoga celebrated in Tezpur University**

Like the rest of the country, Tezpur University too celebrated International Day of Yoga with great enthusiasm on the University campus. The day started with Prof. Madan M. Sarmah, Vice Chancellor (Acting) lighting the lamp and inaugurating the Yoga session.



Various Yoga related activities, such as, demonstration and exhibition of various yoga asanas and postures, online essay competition on the theme “Yoga for healthy living”, quiz competition on Yoga were held during the day. A week long yoga camp for different age groups was also organised under the guidance of Yoga coach Mr. Pawan Kumar Sarmah and Yoga coordinator of the University, Prof Papori Baruah from June 15th to June 20th, 2017. The winners were awarded prizes/medals as tokens of appreciation. A detailed report of the activities was also sent to the HRD Ministry.

Besides the University students, faculty members and staff, the yoga practice session and the Yoga camp was attended by students from Kaziranga University and Napaam village.